

Joseph A. Parisi

Charlotte Behavioral Health Associates
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EDUCATION

B.A. (with Honors) in Psychology, 1971, University of Connecticut, Storrs, Connecticut

M.A. in Clinical Psychology, 1974, University Of Hartford, Hartford, Connecticut

Ph.D. in Clinical Psychology, 1977, California School of Professional Psychology, Fresno, California

PROFESSIONAL EXPERIENCE

March 1979 - present: Clinical Psychologist, Private Practice, Charlotte, North Carolina

January 1991 – December 2004: Director of Psychology and Behavioral Medicine, Presbyterian Hospital, Charlotte, North Carolina

September 1987 - January 1991: Director of Psychology, Charter Pines Hospital, Charlotte, North Carolina

December 1985 - January 1991: Director, Anxiety Disorders Program, Charter Pines Hospital, Charlotte, North Carolina

November 1977 - August 1981: Psychologist, Mecklenburg County Mental Health Center, Children and Adolescent Services, Charlotte, North Carolina

September 1976 - July 1977: Psychological Intern, Fresno County Mental Health Center, Youth Services Department, Fresno, California

August 1976: Staff Member, Center for Studies of the Person - The La Jolla Program, La Jolla, California

September 1975 - August 1976: Psychological Intern, Kings County Mental Health Services, Hanford, California

February 1975 - August 1975: Psychological Trainee, Tulare Community Counseling Center, Tulare, California

September 1974 - February 1975: Psychological Trainee, Tulare View Hospital, Tulare, California

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September 1973 - May 1974: Psychological Intern, University Of Hartford Community Clinic, Hartford, Connecticut

September 1973 - May 1974: Psychological Intern, Sheldon Community Guidance Clinic, New Britain, Connecticut

January 1972 - July 1973: Assistant Director, Department of Youth Services, East Hartford, Connecticut

June 1971 - August 1971: Psychological Intern, Aroostook Mental Health Center, Fort Fairfield, Maine

TEACHING

January 1980 - April 1980: Instructor, Charlotte Mecklenburg School System, Continuing Teacher Education Program, Charlotte, North Carolina - Counseling with Single Parent Families

January 1976 - April 1976: Teaching Assistant, California School of Professional Psychology, Fresno, California - Psychodrama Course

PROFESSIONAL SERVICE ACTIVITIES

2004 – 2012: Member, Mecklenburg County Lawyer Support Group
1996 - 2000

2001 - 2002: Leader, support group for the chronically mentally ill

1993 - 1997: Volunteer, National Depression Screening Day

1995 - 1996: Volunteer, National Anxiety Disorders Screening Day

1992 - 1993: Volunteer, Hopespring

1985 - 1988: Consultant, WBTV, Top of the Day

1985: Member, Mecklenburg County Task Force for the Establishment of an Adolescent Residential Treatment Facility

1979 - 1984: Consultant, Youth Services Bureau

1979 - 1985: Consultant, Juvenile Court Counselors

1978 - 1980: Board of Directors, The Channel for Creative Living

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WORKSHOPS CONDUCTED

Stress Management; Integrating Mindfulness Training and Meditation in Health Care; Communication Skills; Treating Agoraphobia; Diagnosing and Treating Post Traumatic Stress Disorder; Psychological Aspects of Severe Trauma from an Occupational Accident; Cognitive Behavioral Therapy; Care for the Health Care Provider

COMMUNITY SERVICE

Over 200 hours of lectures and presentations to local radio and television stations as well as to numerous regional groups, organizations and churches.

PROFESSIONAL AFFILIATIONS

American Psychological Association
North Carolina Psychological Association
Mecklenburg Psychological Association
Association for Behavioral and Cognitive Therapies
International OCD Foundation
Anxiety Disorders Association of America
Trichotillomania Learning Center

LICENSES AND CERTIFICATIONS

North Carolina: Licensed Practicing Psychologist (# 639)
North Carolina: Health Care Service Provider - Psychologist
Member: National Register of Health Care Providers in Psychology
Independent Instructor: Parent Effectiveness Training
Independent Instructor: Quit Smart Smoking Cessation

RESEARCH AND PUBLICATIONS:

Parisi, J. A. "An Evaluation of an Anticipatory Socialization Interview to Prepare Drug Abusers for Group Psychotherapy" (Doctoral Dissertation, California School of Professional Psychology, 1977) *Dissertation Abstracts International*, 38, 3900B, (University Microfilms No. 7732257).

Parisi, J. A. On Being an Open Minded Skeptic (2002). *Journal of Medical Licensure and Discipline*, 88, 25-27.